



## COMMUNITY RUGBY

# Coaching Calendar September 2009 – December 2010

**Constituent Bodies:** Durham, Northumberland, Yorkshire

Approved Centre Name: North East & Yorkshire  
 Contact Name: Carnegie Coach Education Team  
 Address: The Carnegie Coach Education Team,  
 Leeds Metropolitan University, Carnegie Annexe  
 Headingley Campus, Leeds, LS6 3QS  
 Tel: 0113 812 7437 Email: [coacheducation@leedsmet.ac.uk](mailto:coacheducation@leedsmet.ac.uk)

### Level 1

Course Dates 2009	Venue	Application Deadline
30 <sup>th</sup> Sept 6:30pm – 9:15pm 11 <sup>th</sup> Oct 9:00am - 5:00pm 18 <sup>th</sup> Oct 9:00am - 5:00pm	Houghton Kepier School Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	20 <sup>th</sup> Aug 2009
30 <sup>th</sup> Sept 6:30pm – 9:15pm 11 <sup>th</sup> Oct 9:00am - 5:00pm 18 <sup>th</sup> Oct 9:00am - 5:00pm	Ashville College Harrogate Green Lane, Harrogate North Yorkshire HG2 9JP	20 <sup>th</sup> Aug 2009
21 <sup>st</sup> Oct 6:30pm – 9:15pm 1 <sup>st</sup> Nov 9:00am - 5:00pm 8 <sup>th</sup> Nov 9:00am - 5:00pm	University of Northumbria Coach Lane Campus, Coach Lane, Benton Newcastle upon Tyne NE7 7XA	10 <sup>th</sup> Sept 2009
21 <sup>st</sup> Oct 6:30pm – 9:15pm 1 <sup>st</sup> Nov 9:00am - 5:00pm 8 <sup>th</sup> Nov 9:00am - 5:00pm	MacMillan College Stockton Road, Middlesbrough TS5 4YU	10 <sup>th</sup> Sept 2009
17 <sup>th</sup> Nov 6:30pm – 9:15pm 29 <sup>th</sup> Nov 9:00am - 5:00pm 6 <sup>th</sup> Dec 9:00am - 5:00pm	Leeds Metropolitan University Carnegie Sports Centre Headingley Campus, Leeds LS6 3QS	12 <sup>th</sup> Oct 2009
<b>Course Dates 2010</b>	<b>Venue</b>	
27 <sup>th</sup> Jan 6:30pm – 9:15pm 7 <sup>th</sup> Feb 9:00am - 5:00pm 14 <sup>th</sup> Feb 9:00am - 5:00pm	University of Leeds Sports Centre LS2 9JT	15 <sup>th</sup> Dec 2009
27 <sup>th</sup> Jan 6:30pm – 9:15pm 7 <sup>th</sup> Feb 9:00am - 5:00am 14 <sup>th</sup> Feb 9:00am - 5:00am	MacMillan College Stockton Road, Middlesbrough TS5 4YU	15 <sup>th</sup> Dec 2009
3 <sup>rd</sup> Mar 6:30pm – 9:15pm 14 <sup>th</sup> Mar 9:00am - 5:00pm 21 <sup>st</sup> Mar 9:00am - 5:00pm	University of Northumbria Coach Lane Campus, Coach Lane, Benton Newcastle upon Tyne NE7 7XA	20 <sup>th</sup> Jan 2010
28 <sup>th</sup> Apr 6:30pm – 9:15pm 9 <sup>th</sup> May 9:00am - 5:00pm 16 <sup>th</sup> May 9:00am - 5:00pm	Ashville College Harrogate Green Lane, Harrogate North Yorkshire HG2 9JP	10 <sup>th</sup> Mar 2010
28 <sup>th</sup> Apr 6:30pm – 9:15pm 9 <sup>th</sup> May 9:00am - 5:00pm 16 <sup>th</sup> May 9:00am - 5:00pm	Houghton Kepier School Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	10 <sup>th</sup> Mar 2010
9 <sup>th</sup> June 6:30pm – 9:15pm 20 <sup>th</sup> June 9:00am - 5:00pm 27 <sup>th</sup> June 9:00am - 5:00pm	Dearne Valley College Manvers Park, Wath upon Dearne Rotherham S63 7EW	30 April 2010
9 <sup>th</sup> June 6:30pm – 9:15pm 20 <sup>th</sup> June 9:00am - 5:00pm 27 <sup>th</sup> June 9:00am - 5:00pm	University of Northumbria Coach Lane Campus, Coach Lane, Benton Newcastle upon Tyne NE7 7XA	30 April 2010
23 <sup>rd</sup> June 6:30pm – 9:15pm 4 <sup>th</sup> July 9:00am - 5:00pm 11 <sup>th</sup> July 9:00am - 5:00pm	Leeds Metropolitan University Carnegie Sports Centre Headingley Campus, Leeds LS6 3QS	10 <sup>th</sup> May 2010

23 <sup>rd</sup> June 6:30pm – 9:15pm 4 <sup>th</sup> July 9:00am – 5:00pm 11 <sup>th</sup> July 9:00am – 5:00pm	MacMillan College Stockton Road, Middlesbrough TS5 4YU	10 <sup>th</sup> May 2010
14 <sup>th</sup> July 6:30pm – 9:15pm 25 <sup>th</sup> July 9:00am – 5:00pm 1 <sup>st</sup> Aug 9:00am – 5:00pm	University of Northumbria Coach Lane Campus, Coach Lane, Benton Newcastle upon Tyne NE7 7XA	1 <sup>st</sup> June 2010
4 <sup>th</sup> Aug 6:30pm – 9:15pm 15 <sup>th</sup> Aug 9:00am – 5:00pm 22 <sup>nd</sup> Aug 9:00am – 5:00pm	Pocklington School West Green, Pocklington York, YO24 2NJ	20 <sup>th</sup> June 2010
29 <sup>th</sup> Sept 6:30pm – 9:15pm 3 <sup>rd</sup> Oct 9:00am – 5:00pm 10 <sup>th</sup> Oct 9:00am – 5:00pm	Houghton Kepier School Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	20 <sup>th</sup> Aug 2010
29 <sup>th</sup> Sept 6:30pm – 9:15pm 3 <sup>rd</sup> Oct 9:00am – 5:00pm 10 <sup>th</sup> Oct 9:00am – 5:00pm	Bradford Grammar School Keighley Rd Bradford, BD9 4JP	20 <sup>th</sup> Aug 2010
20 <sup>th</sup> Oct 6:30pm – 9:15pm 7 <sup>th</sup> Nov 9:00am – 5:00pm 14 <sup>th</sup> Nov 9:00am – 5:00pm	University of Northumbria Coach Lane Campus, Coach Lane, Benton Newcastle upon Tyne NE7 7XA	10 <sup>th</sup> Sept 2010
20 <sup>th</sup> Oct 6:30pm – 9:15pm 7 <sup>th</sup> Nov 9:00am – 5:00pm 14 <sup>th</sup> Nov 9:00am – 5:00pm	Leeds Metropolitan University Carnegie Sports Centre Headingley Campus, Leeds LS6 3QS	10 <sup>th</sup> Sept 2010

1. Cost per person: - £100 including VAT cheques payable to "RFD Ltd" & must accompany application form
2. Applications will only be accepted from coaches who have attended the Rugby Ready Induction course and applications should be accompanied with a copy of the candidates Rugby Ready Certificate and proof of attendance; the certificate this can be obtained from going the following link: -  
<http://www.irbrugbyready.com/irbrr/en/home.jsp>
3. Courses will be closed at a maximum of 32 candidates
4. Cancellation and transfer fees can be found on the course application forms

A place on the course will only be confirmed on receipt of a fully completed application form with attached payment and providing space is available

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# Coaching Calendar September 2009 – December 2010

Approved Centre Name: North East & Yorkshire  
 Contact Name: Carnegie Coach Education Team

Address: The Carnegie Coach Education Team,  
 Leeds Metropolitan University, Carnegie Annexe  
 Headingley Campus, Leeds, LS6 3QS

Tel: 0113 8127437 Email: [coacheducation@leedsmet.ac.uk](mailto:coacheducation@leedsmet.ac.uk)

## Level 2

Course Dates 2009	Venue	Application Deadline
Day 1 - 6 <sup>th</sup> Sept 9:00am - 5:30pm Day 2 - 13 <sup>th</sup> Sept 9:00am - 5:30pm Day 3 - 27 <sup>th</sup> Sept 9:00am - 5:30pm Day 4 - 4 <sup>th</sup> Oct 9:00am - 5:30pm	Houghton KEPHIR School Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	1 <sup>st</sup> Aug 2009
Day 1 - 27 <sup>th</sup> Sept 9:00am - 5:30pm Day 2 - 4 <sup>th</sup> Oct 9:00am - 5:30pm Day 3 - 1 <sup>st</sup> Nov 9:00am - 5:30pm Day 4 - 8 <sup>th</sup> Nov 9:00am - 5:30pm	Leeds Metropolitan University Carnegie Sports Centre Headingley Campus, Leeds LS6 3QS	1 <sup>st</sup> Sept 2009
Course Dates 2010	Venue	Application Deadline
Day 1 - 22 <sup>nd</sup> May 9:00am - 5:30pm Day 2 - 23 <sup>rd</sup> May 9:00am - 5:30pm Day 3 - 26 <sup>th</sup> Jun 9:00am - 5:30pm Day 4 - 27 <sup>th</sup> Jun 9:00am - 5:30pm	Ashville College Harrogate Green Lane, Harrogate North Yorkshire HG2 9JP	1 <sup>st</sup> Apr 2010
Day 1 - 12 <sup>th</sup> Jun 9:00am - 5:30pm Day 2 - 13 <sup>th</sup> Jun 9:00am - 5:30pm Day 3 - 17 <sup>th</sup> July 9:00am - 5:30pm Day 4 - 18 <sup>th</sup> July 9:00am - 5:30pm	Houghton KEPHIR School Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	1 <sup>st</sup> May 2010
Day 1 - 7 <sup>th</sup> Aug 9:00am - 5:30pm Day 2 - 8 <sup>th</sup> Aug 9:00am - 5:30pm Day 3 - 5 <sup>th</sup> Sept 9:00am - 5:30pm Day 4 - 12 <sup>th</sup> Sept 9:00am - 5:30pm	University of Northumbria Coach Lane Campus, Coach Lane, Benton, Newcastle upon Tyne NE7 7XA	20 <sup>th</sup> June 2010
Day 1 - 12 <sup>th</sup> Sept 9:00am - 5:30pm Day 2 - 19 <sup>th</sup> Sept 9:00am - 5:30pm Day 3 - 17 <sup>th</sup> Oct 9:00am - 5:30pm Day 4 - 24 <sup>th</sup> Oct 9:00am - 5:30pm	Ashville College Harrogate Green Lane, Harrogate North Yorkshire HG2 9JP	1 <sup>st</sup> Aug 2010

1. Cost per person: - £176.25 including VAT cheques payable to "RFD Ltd" & must accompany application form.
2. Applications will only be accepted for those coaches who have demonstrated attendance at continuous personal / professional development (coaching seminars, conferences) and are subject to approval from RFU. (Please add dates and areas covered on your application form)
3. Hold a UKCC RFU Level 1 Coaching Award or equivalent
4. Applications will only be accepted if they are accompanied with a copy of the candidates Rugby Ready Certificate; this can be obtained from going to the following link <http://www.irbrugbyready.com/irbrr/en/home.jsp> and completing the online questionnaire.

5. Coaches will be required to have an up to date technical knowledge and be able to coach the following as applicable to the 15-a-side game.  
*Scrummage, Lineout, Restarts, Backline Play, Contact Skills, Defence/ Attack, Turn-over/Counter-attack*
6. Coaches will be required to demonstrate skills relating to communication, planning, effective coaching and coaching styles, health and safety, action planning and player profiling
7. Coaches will be required to submit a number of home study tasks for assessment as part of the course programme including;  
*Planning and delivering practical sessions, Fitness for Rugby, Nutrition for Rugby, Core Skills, Laws of Game*
8. Courses will be closed at a maximum of 32 candidates
9. Cancellation and transfer fees can be found on the course application forms

A place on the course will only be confirmed on receipt of a fully completed and approved application form with attached payment and providing space is available