COMMUNITY RUGBY

Coaching Calendar 2008 - 2010

Constituent Bodies: Durham, Northumberland, Yorkshire

Approved Centre Name: North East & Yorkshire
Contact Name: Carnegie Sports Awards Administrator

Address: The Carnegie Sports Awards Team,
Leeds Metropolitan University, Carnegie Annexe
Headingley Campus, Leeds, LS6 3QS

Tel: 0113 283 7437 Email: sportsawards@leedsmet.ac.uk

Level 1

Course Dates 2008	Venue	Application Deadline
2nd Jul 7:00 – 9:15 6th Jul 9:00 – 5:00 13th Jul 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	26th May 2008
2nd Jul 7:00 – 9:15 6th Jul 9:00 – 5:00 13th Jul 9:00 – 5:00	**Camps Mount Technology College** Ryecroft Road, Doncaster, DN6 9AS	26th May 2008
9th Jul 7:00 – 9:15 20th Jul 9:00 – 5:00 27th Jul 9:00 – 5:00	**Pocklington School** West Green, Pocklington York, YO24 2NJ	2nd Jun 2008
16 July 7:00 – 9:15 27th July 9:00 – 5:00 3rd August 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	10th Jun 2008
5th Aug 7:00 – 9:15 10th Aug 9:00 – 5:00 17th Aug 9:00 – 5:00	**University of Teesside** Middlesbrough Tees Valley, TS1 3BA	30th Jun 2008
1st Oct 7:00 – 9:15 12th Oct 9:00 – 5:00 19th Oct 9:00 – 5:00	**Bradford Grammar School** Keighley Rd Bradford, BD9 4JP	25th Aug 2008
1st Oct 7:00 – 9:15 12th Oct 9:00 – 5:00 19th Oct 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	25th Aug 2008
29th Oct 7:00 – 9:15 2nd Nov 9:00 – 5:00 9th Nov 9:00 – 5:00	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	10th Sept 2008
29th Oct 7:00 – 9:15 2nd Nov 9:00 – 5:00 9th Nov 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	10th Sept 2008
19th Nov 7:00 – 9:15 30th Nov 9:00 – 5:00 7th Dec 9:00 – 5:00	**Leeds Metropolitan University** Carnegie Sports Centre Headingley Campus, Leeds LS6 3QS	10th Oct 2008
Course Dates 2009	**Venue**	
28th Jan 7:00 – 9:15 1st Feb 9:00 – 5:00 8th Feb 9:00 – 5:00	**MacMillan College** Stockton Road, Middlesbrough TS5 4YU	15th Dec 2008
28th Jan 7:00 – 9:15 1st Feb 9:00 – 5:00 8th Feb 9:00 – 5:00	**University of Leeds** Sports Centre LS2 9JT	15th Dec 2008

4th Mar 7:00 – 9:15 15th Mar 9:00 – 5:00 22nd Mar 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	20th Jan 2009
29th Apr 7:00 – 9:15 10th May 7:00 – 9:15 17th May 7:00 – 9:15	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	10th Mar 2009
29th Apr 7:00 – 9:15 10th May 7:00 – 9:15 17th May 7:00 – 9:15	**Leeds Metropolitan University** Carnegie Sports Centre Headingley Campus, Leeds LS6 3QS	10th Mar 2009
10th June 7:00 – 9:15 21st June 9:00 – 5:00 28th June 9:00 – 5:00	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	1st May 2009
10th June 7:00 – 9:15 21st June 9:00 – 5:00 28th June 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	1st May 2009
24th June 7:00 – 9:15 5th July 9:00 – 5:00 12th July 9:00 – 5:00	South Yorkshire	10th May 2009
24th June 7:00 – 9:15 5th July 9:00 – 5:00 12th July 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	10th May 2009
15th July 7:00 – 9:00 26th July 9:00 – 5:00 2nd Aug 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	5th June 2009
5th Aug 7:00 – 9:00 16th Aug 9:00 – 5:00 23rd Aug 9:00 – 5:00	**Pocklington School** West Green, Pocklington York, YO24 2NJ	1st July 2009
30th Sept 7:00 – 9:15 11th Oct 9:00 – 5:00 11th Oct 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	10th Aug 2009
30th Sept 7:00 – 9:15 11th Oct 9:00 – 5:00 11th Oct 9:00 – 5:00	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	20th Aug 2009
21st Oct 7:00 – 5:00 1st Nov 9:00 – 5:00 8th Nov 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	10th Sept 2009
21st Oct 7:00 – 5:00 1st Nov 9:00 – 5:00 8th Nov 9:00 – 5:00	**MacMillan College** Stockton Road, Middlesbrough TS5 4YU	10th Sept 2009
Course Dates 2010	**Venue**	
27th Jan 7:00 – 5:00 7th Feb 9:00 – 5:00 14th Feb 9:00 – 5:00	**University of Leeds** Sports Centre LS2 9JT	15th Dec 2009
27th Jan 7:00 – 9:00 7th Feb 9:00 – 5:00 14th Feb 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	15th Dec 2009
3rd Mar 7:00 – 9:00 14th Mar 9:00 – 5:00 21st Mar 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	20th Jan 2010
28th Apr 7:00 – 9:00 9th May 9:00 – 5:00 16th May 9:00 – 5:00	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	10th Mar 2010
28th Apr 7:00 – 9:00 9th May 9:00 – 5:00 16th May 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	10th Mar 2010
9th June 7:00 – 9:00 20th June 9:00 – 5:00 27th June 9:00 – 5:00	South Yorkshire	1st May 2010
9th June 7:00 – 9:00 20th June 9:00 – 5:00 27th June 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	1st May 2010
23rd June 7:00 – 9:00 4th July 9:00 – 5:00	**Leeds Metropolitan University** Carnegie Sports Centre	10th May 2010

11th July 9:00 – 5:00	Headingley Campus, Leeds LS6 3QS	
23rd June 7:00 – 9:00 4th July 9:00 – 5:00 11th July 9:00 – 5:00	**MacMillan College** Stockton Road, Middlesbrough TS5 4YU	10th May 2010
14th July 7:00 – 9:00 25th July 9:00 – 5:00 1st Aug 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	1st June 2010
4th Aug 7:00 – 9:00 15th Aug 9:00 – 5:00 22nd Aug 9:00 – 5:00	**Pocklington School** West Green, Pocklington York, YO24 2NJ	20th June 2010
29th Sept 7:00 – 9:00 3rd Oct 9:00 – 5:00 10th Oct 9:00 – 5:00	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	20th Aug 2010
29th Sept 7:00 – 9:00 3rd Oct 9:00 – 5:00 10th Oct 9:00 – 5:00	**Bradford Grammar School** Keighley Rd Bradford, BD9 4JP	20th Aug 2010
20th Oct 7:00 – 9:00 7th Nov 9:00 – 5:00 14th Nov 9:00 – 5:00	**University of Northumbria** Coach Lane Campus	10th Sept 2010
20th Oct 7:00 – 9:00 7th Nov 9:00 – 5:00 14th Nov 9:00 – 5:00	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	10th Sept 2010

1. Cost per person: - £92.00 including VAT cheques payable to "RFD Ltd" & must accompany application form

2. Its is recommended that applicants have previous experience of coaching or playing or have attended a TAG or Rugby Ready Course

3. Applications will only be accepted if they are accompanied with a copy of the candidates Rugby Ready Certificate; this can be obtained from going to the following link http://www.irbrugbyready.com/irbrr/en/home.jsp and completing the online questionnaire.

4. Courses will be closed at a maximum of 32 candidates

5. Cancellation and transfer fees can be found on the course application forms

A place on the course will only be confirmed on receipt of a fully completed application form with attached payment and providing space is available

Coaching Calendar 2008 2010

Constituent Bodies: Durham, Northumberland, Yorkshire

Approved Centre Name: North East & Yorkshire
Contact Name: Carnegie Sports Awards Administrator

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Tel: 0113 283 7437 Email: sportsawards@leedsmet.ac.uk

Level 2

Course Dates 2008	Venue	Application Deadline
Day 1 – 7th Sept 9:00 – 5:30 Day 2 – 14th Sept 9:00 – 5:30 Day 3 – 28th Sept 9:00 – 5:30 Day 4 – 5th Oct 9:00 – 5:30	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	1st Aug 2008
Course Dates 2009	**Venue**	**Application Deadline**
Day 1 – 13th Jun 9:00 – 5:30 Day 2 – 14th Jun 9:00 – 5:30 Day 3 – 18th July 9:00 – 5:30 Day 4 – 19th July 9:00 – 5:30	**University of Northumbria** Coach Lane Campus	1st May 2009
Day 1 – 13th Jun 9:00 – 5:30 Day 2 – 14th Jun 9:00 – 5:30 Day 3 – 18th July 9:00 – 5:30 Day 4 – 19th July 9:00 – 5:30	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	1st May 2009
Day 1 – 6th Sept 9:00 – 5:30 Day 2 – 13th Sept 9:00 – 5:30 Day 3 – 27th Sept 9:00 – 5:30 Day 4 – 4th Oct 9:00 – 5:30	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	1st Aug 2009
Course Dates 2010	**Venue**	**Application Deadline**
Day 1 – 22nd May 9:00 – 5:30 Day 2 – 23rd May 9:00 – 5:30 Day 3 – 26th Jun 9:00 – 5:30 Day 4 – 27th Jun 9:00 – 5:30	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	1st Apr 2010
Day 1 – 12th Jun 9:00 – 5:30 Day 2 – 13th Jun 9:00 – 5:30 Day 3 – 17th July 9:00 – 5:30 Day 4 – 18th July 9:00 – 5:30	**Houghton Kepier School** Dairy Lane, Houghton le Spring Tyne and Wear, DH4 5BH	1st May 2010
Day 1 – 12th Sept 9:00 – 5:30 Day 2 – 19th Sept 9:00 – 5:30 Day 3 – 17th Oct 9:00 – 5:30 Day 4 – 24th Oct 9:00 – 5:30	**Ashville College Harrogate** Green Lane, Harrogate North Yorkshire HG2 9JP	1st Aug 2010
Day 1 – 7th Aug 9:00 – 5:30 Day 2 – 8th Aug 9:00 – 5:30 Day 3 – 5th Sept 9:00 – 5:30 Day 4 – 12th Sept 9:00 – 5:30	**University of Northumbria** Coach Lane Campus	20th June 2010

1. Cost per person: - £176.25 including VAT cheques payable to "RFD Ltd" & must accompany application form.

2. Applications will only be accepted for those coaches who have demonstrated attendance at continuous personal / professional development (coaching

seminars, conferences) and are subject to approval from RFU. **(Please add dates and areas covered on your application form)**

3. Hold a UKCC RFU Level 1 Coaching Award or equivalent

4. Applications will only be accepted if they are accompanied with a copy of the candidates Rugby Ready Certificate; this can be obtained from going to the following link http://www.irbrugbyready.com/irbrr/en/home.jsp and completing the online questionnaire.

5. Coaches will be required to have an up top date technical knowledge and be able to coach the following as applicable to the 15-a-side game.
   Scrummage, Lineout, Restarts, Backline Play, Contact Skills, Defence/ Attack, Turn-over/Counter-attack

6. Coaches will be required to demonstrate skills relating to communication, planning, effective coaching and coaching styles, health and safety, action planning and player profiling

7. Coaches will be required to submit a number of home study tasks for assessment as part of the course programme including;
   Planning and delivering practical sessions, Fitness for Rugby, Nutrition for Rugby, Core Skills, Laws of Game

8. Courses will be closed at a maximum of 32 candidates

9. Cancellation and transfer fees can be found on the course application forms

A place on the course will only be confirmed on receipt of a fully completed and approved application form with attached payment and providing space is available

Coaching Calendar 2008 2010

Constituent Bodies: Durham, Northumberland, Yorkshire

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Level 3

Course Dates	Venue	Application Deadline
Day 1 – 16th May 2009 Day 2 – 17th May 2009 Day 3 – 22nd Aug 2008 Day 4 – 23rd Aug 2008 Day 5 – 18th Apr 2009	Blackwell Grange Hotel Blackwell Grange Darlington, Co Durham DL3 8QH	1st Mar 2009
Day 1 – 15th May 2010 Day 2 – 16th May 2010 Day 3 – 21st Aug 2010 Day 4 – 22nd Aug 2010 Day 5 – 17th Apr 2011	Blackwell Grange Hotel Blackwell Grange Darlington, Co Durham DL3 8QH	1st Mar 2010

1. Total Cost per person: - £528.75 including VAT cheques payable to "RFD Ltd" & must accompany application form. Cheques may be payable at £176.25 for each taught module.

2. All Level 3 applications must hold a **UKCC Level 2** coaching award and demonstrate attendance at continuous personal / professional development (rugby coaching seminars, conferences) and are subject to approval from RFU **(Please add dates and areas covered on your application form)**

3. All Level 3 applicants must be able to evidence a regular coaching commitment in the 15 a side game

4. Applications will only be accepted from coaches who have attended the RFU Advanced coaches course and (6 hour course that will involve a review of performance relating to Level 3 suitability)

5. Applications for Level 3 course may be asked to submit a coaching CV detailing current and previous coaching experience

6. Coaches will be required to have an up top date technical knowledge and be able to coach the following as applicable to the 15-a-side game.
   Scrummage, Lineout, Restarts, Backline Play, Contact Skills, Defence/ Attack, Turn-over/Counter-attack

7. Coaches will be required to demonstrate skills relating to:
   - Plan, implement, analyse and revise annual coaching programmes'
   - Analyse participants' current and potential performance needs and aspirations
   - Plan a coaching programme according to agreed goals.

- Manage a safe and effective coaching environment.
- Deliver a coaching programme using a range of coaching styles and interventions to meet participants' needs.
- Monitor and evaluate the effectiveness of coaching programmes to modify future plans and meet participants' needs.
- Manage and develop personal coaching practice and practice of others

8. Coaches will as part of the course be required to organise a minimum of 2 x observed practical assessments with the team they coach between August and April

9. Coaches will as part of the course be required to submit a minimum of 2 x DVD of themselves coaching their team

10. Coaches will be required to undertake a home study tasks as designated by their tutor or course leader

11. Courses will be closed at a maximum of 20 candidates

12. Cancellation and transfer fees can be found on the course application forms

13. A place on the course will only be confirmed on receipt of a fully completed and approved application form with attached payment and providing space is available