

*In this edition*

- **RugbyReady programme & Level 1**

- **Cash for Clubs**

- **CPD Course Update**

- **Feedback**

- **Child Protection New legislation**

- **Contacts**

## 'RugbyReady' Prerequisite for Level 1

**Safety Together**

### Dear Club Coach Coordinator

Welcome to issue 7 and hoping that you are having a restful and well deserved break, even with this variable weather.

This edition looks at the new Continuous Personal Development Programmes which are available to your coaches, and some other resource developments on the horizon.

In edition 6 the impending requirement for attendance at a Rugby Ready course as a prerequisite for a Level 1, from September 1 2009, was highlighted, and the benefits to the host club in attaining training gear in line with the Good Year partnership.

This message does not seem to have filtered through to all applicants, and although this is more likely to be the case at clubs with inactive CCCs, and at HE/FE establishments it would help enormously if you could remind your coaches of the need to attend a 'RugbyReady' course.

There also seems to be a misconception from some quarters

that this is a money making mechanism for the NGB. This is not the case and £18 provides administration, tutoring, DVD & Hard copy resource and ensures that coaches are aware of the safety issues surrounding the coaching of contact.

Attendance at the RR course also enables the delivery of the Level 1 course to concentrate on more technical areas of the scrum and line-out and work on the observation, analysis and fault correction techniques of the coach.

More details on Rugbyready courses and the benefits to clubs of the exciting partnership with Good Year are available from Issue 6, which can be found on [www.rfu.com/coach](http://www.rfu.com/coach)

Although courses are available for all clubs, this offer is exclusive to those clubs with an active CCC, the definition of which is set out below.

For further details or to book a course please contact your Regional Coach Development Officer. Contact details are available on the web-site

### Active Club Coaching Coordinator

An active CCC is defined as a person, who fulfils the following responsibilities and is registered on Rugby First:

1. Promotes coach education and development within the club, and;
2. Is proactive in identifying coach development needs and liaise with other CCCs & the Coach Development Officer to organise CPD & Foundation courses at the club or club cluster in line with course protocols
3. Attends at least one meeting per year at CB, Regional or club cluster level
4. Updates and maintains an accurate record of the club's coaches and roles on RugbyFirst

Further details can be found on the web-site [www.rfu.com/coach](http://www.rfu.com/coach)



**Cash 4 Clubs provides funding to support grassroots UK sports clubs**

**What is Cash 4 Clubs?**

Cash 4 Clubs is a sports grants scheme which gives clubs a chance to win grants ranging from £250 to £1000, whether it be to improve facilities, purchase new equipment, gain coaching qualifications, or generally invest in the sustainability of their club.

**Who is behind Cash 4 Clubs?**

The Cash 4 Clubs scheme is funded by Betfair and is supported by SportsAid. Betfair and SportsAid have worked in partnership for a number of years and both organisations understand the importance of community sport in promoting an active lifestyle and stimulating local pride. Betfair's vision is to be a champion of regional and community sport, with Cash 4 Clubs fitting in as part of its much broader community investment programme. Betfair is committed to giving money to charities and supporting sports development both in this country and overseas

Any sports club can apply as long as they are registered with their sport's National Governing Body or local authority. Funding can be requested for anything that will add to the sustainability and effectiveness of the sports club. How are the grants chosen?

Grants are awarded on a quarterly basis after selection by our committee. The judges include Representatives from Betfair, SportsAid, and other independent and sports committee members.



Cash 4 Clubs has been supported by Mark Foster, a SportsAid alumnus, Olympic Swimmer and World Record Holder

*"Community sports clubs are the grassroots of sport. It was at my local club in Southend that I started swimming and developed into a professional and without the support of this community based club I would never have represented my country at the top level of the sport."*



**How do clubs apply?**

Clubs can apply for a Cash 4 Clubs Sports Grant by filling out the online application form at anytime, available at [www.cash-4-clubs.com](http://www.cash-4-clubs.com). How much funding is available?

*Clubs need funds and that is why Cash 4 Clubs is such a fantastic scheme as it gets money straight to where it can have the most impact."*

There are 3 tiers of grants at £250, £500 and £1,000 which are awarded on a discretionary basis. Who can apply?



CPD Courses for Rugby Coaches



Course	Delivery	Content	Mini	Youth	Delivery	Adult
Continuity in attack	Club	Theory/practical	√	√	Cluster/CB	√
Maul & ruck	Club	Theory/practical	√	√	Cluster/CB	√
The line-out game	Club	Theory/practical	√	√	Cluster/CB	√
Defence	Club	Theory/practical	NA	√	Cluster/CB	√
Coaching children's rugby	Club	Theory	√	√		NA
Goal setting	Cluster/CB	Theory	√	√	Cluster/CB	√
Game Planning	Cluster/CB	Theory	NA	√	Cluster/CB	√
Performance Profiling	Cluster/CB	Theory	NA	√	Cluster/CB	√
Planning & periodisation	Cluster/CB	Theory	NA	√	Cluster/CB	√



You will remember the table above from issue 6, which outlines the CPD courses which have been written and piloted and are now available to coaches for delivery.

There was a slight error in the table and there was a suggestion that some of the courses for coaches in the adult game could be run on a club by club basis. This is not the case due to the lower number of this type of coach, and these courses are likely to be delivered either through joint cluster delivery or at CB level. I apologise if this has caused any confusion and the table has been amended to reflect this.

As outlined in Issue 6 full details of these courses can be found on the web-site and can be downloaded for the club notice board. The coaching department are also devising some posters to enable you to promote these courses and these should be available to you by September.

More courses have been developed and are being piloted. They will be added to the programme in the very near future. Other resources are also being developed, including Tag to Tackle and Scrum, although that is unlikely to be before 2010.

Contact your CDO for more details



**FOR MORE INFORMATION ON CLUB COACH COORDINATORS VISIT [www.rfu.com/coach](http://www.rfu.com/coach)**  
 Follow the links to the dedicated CCC page

**INCLUDING DETAILS OF HOW TO REGISTER COACHES ON RUGBY FIRST**

## Coaching Practice

The following is an extract from an unsolicited e-mail sent to one of the Coach Development Officers. The author is a coach who has been on the Level 1 and Level 2 programme. It has been edited slightly to provide anonymity.



Hi

*Very nice talking to you yesterday and thanks for the clarity on the various pathways. I will explore the CB site.*

*As you know, my journey as a coach started 4 years ago with an 'Introduction to contact' rugby course on a bitterly cold January night up at Ruislip. I went on to complete my level 1 and last summer my level 2 in much more pleasant temperatures with two season between the courses in order to really develop those skills learnt.*

*My initial goals were to improve my technical knowledge as well as to learn the skills of sharing that knowledge with youngsters. Every season has been an extraordinary learning curve for me. To see the development of the kids that I coach is incredibly rewarding and very difficult to explain to anyone who had not had that experience.*



*2008/09 has been a wonderful season both in terms of development and our on field success.*

*Following my level 2 course in the summer of 08, I went into the season with confidence that I had a great deal more to offer the boys both technically but also philosophically. Whilst we had a great deal of success at all grades A,B and development there were many other elements that made the season so memorable. Having always been very competitive in all sport that I participated, I have had to learn the skill of keeping a lid on my personal ambitions as a coach and not letting that transmit to the boys. After all it is about their enjoyment of the game that is paramount and winning is secondary. I really feel that I mastered that this season and I am sure it is not a coincidence that as a result we played some lovely rugby and were crowned County champions at A and B grade.*



*Another step that we all collectively made this season was taking defeat with dignity and good grace (albeit not that often). We were never bad losers, we are simply better now and having witnessed some pretty ordinary behaviour this season by other teams it is something that makes me very proud.*

*The spirit of the game is paramount and must always be kept in context particularly with youngsters. There is no question that my time spent with you and your Tutors has had a massive impact on my development in all areas of coaching and for that I thank you all.*

*I look forward greatly to developing further with you and your team.*

All the best,

DM



It's great to see that the courses are having such an impact, but this is also allied with a positive attitude from the coach who has realised that coaching and qualifications are not a race – with the journey being as important (if not – in some cases - more important) that the outcome.

The range of CPD available will not only assist in accelerating tactical and technical knowledge but also provides the opportunity for coaches to examine and be challenged on their own coaching philosophy.

The following is a genuine correspondence to a USA web-site and gives warning of the attitudes we wish to deter in our game. Editor



*My daughter goes to a very competitive public high school with a winning tradition. However, some of the coaches with the best winning traditions are also some of the worst coaches when it comes to how they treat the kids. These coaches are allowed to scream and yell at our children with no consequences.*

*Our kids are put down amongst their peers and even cursed at in public. Yet the teams win and nothing is done. A few years ago our school implemented a Code of Conduct for all athletes and parents to sign. The Code is not strictly enforced, even though athletes and parents must sign a new one for each new season or sport.*

*What kind of Code of Conduct should the coaches be held accountable to? When the Code is broken by a coach, how should it be dealt with? Our coaches are also teachers in the school and they are part of the union, which makes it difficult for parents to question a coach's tactics and behaviour because of the fear of retribution not only to the athlete (playing time, etc.)*

*I cannot sit on the sidelines any more and something must be done. I need your help!*



### 1. Introduction

The ISA-Registration scheme application process will commence in July 2010. The scheme is a result of new legislation designed to further improve the vetting of staff (both paid and voluntary) who come into contact with children and vulnerable adults. The new law extends to many voluntary roles within sport and thus all rugby clubs will be required by law to undertake the vetting of all individuals in the club who meet the criteria set out below.

In England & Wales the scheme is likely to affect 11 million people who undertake paid or voluntary work on a regular, intensive, frequent or overnight capacity (referred to by the scheme as Regulated Activity), with children (under 18s) or vulnerable adults. The intention is to vet those individuals who have the opportunity to build, and thus breach, a 'relationship of trust' with a child or vulnerable adult.

- someone with an existing CRB who moves into a new or additional role at the club should be assessed under the criteria below and apply for ISA registration if required.



### 2. Risk Assessment

The question of who is affected is easily answered - effectively those with management responsibility for rugby union activities must risk assess their workforce, testing against several key criteria:

Category	Action
1. Does the individuals 'work' (paid or voluntary) involve children or vulnerable adults (eg someone with a significant disability)?	If YES, go to 2
2. Is the incidence of this activity regular - ie once a month or more often?	If YES - ISA and CRB required If NO - go to 3
3. Is this an intense programme of activity - ie 3 days or more in any one month?	If YES - ISA and CRB required If NO - go to 4
4. Does this activity include an overnight stay - eg a club tour?	If YES - ISA and CRB required If NO - go to 5
5. Does the activity involve holding or having regular access to children or vulnerable adults individual data, including RugbyFirst membership list?	If YES - CRB required under RFU regulations ISA is strongly advised although not a legal requirement

The ISA-registration will be a one-time-only application. The membership number stays with the individual for life and is transferable to any employer or organisation the person works or volunteers for. The Enhanced CRB-check must still be carried out through the RFU and must continue to be renewed every three years. Both checks will be available on the same form and may be applied for at the same time.

From the start of season 2010/11:

- all individuals who take up a new role in rugby union, such as a parent bringing their child to the club who offers to coach a team (they may be new to the club or change roles) will need to apply to the new scheme;
- any individual who undertakes such a role but does not currently hold a CRB check, or has one that is more than 3 years old, must complete the joint ISA/CRB application form;
- those who hold CRB clearance less than three years old will not have to apply for the new ISA registration until they are required to renew their CRB; they will then have to apply for both the CRB check and the ISA registration at the same time; and,



Additional guidance and information can be found by emailing [rmg@therfu.com](mailto:rmg@therfu.com) or by contacting the RFU Safeguarding Team on 0870 1432439 or visit 'RUSafe' - on RugbyFirst.



Gary Henderson	<b>Head of Coach Development</b> Tel: 0208 831 6711
Will Feebery	<b>National Coaching Development Manager</b> CDO & Workforce Development Manager willfeebery@rfu.com
Des Diamond	<b>National Coaching Development Manager</b> Level 4, Coach Licensing & Coach Mentoring desdiamond@rfu.com
Gary Townsend	<b>National Coaching Development Manager</b> Qualifications, CCC, CPD & Player Development <a href="mailto:garytownsend@rfu.com">garytownsend@rfu.com</a>
<b>Regional Coach Development Officers</b>	
Jon Bates	<b>London South</b> (Kent, Surrey & Sussex) Tel: 07764 336709 (m) Email: <a href="mailto:jonbates@rfu.com">jonbates@rfu.com</a>
Ian Bletcher	<b>West Midlands</b> (North Midlands, Staffordshire & Warwickshire) Tel: 07764 699642 (m) Email: <a href="mailto:ianbletcher@rfu.com">ianbletcher@rfu.com</a>
Alan Hubbleday	<b>South West</b> (Cornwall, Devon, Gloucestershire & Somerset) Tel: 07764 960374 (m) Email: <a href="mailto:alanhubbleday@rfu.com">alanhubbleday@rfu.com</a>
John Lawn	<b>Yorkshire &amp; North East</b> (Northumberland, Durham & Yorkshire) Tel: 07738 029109 (m) Email: <a href="mailto:johnlawn@rfu.com">johnlawn@rfu.com</a>
Nick Scott	<b>East Midlands</b> (Notts, Lincs. & Derbyshire, East Midlands & Leicestershire) Tel: 07738 029112 (m) Email: <a href="mailto:nickscott@rfu.com">nickscott@rfu.com</a>
Gavin Williams	<b>Southern Region</b> (Berkshire, Buckinghamshire, Hampshire, Dorset & Wilts & Oxfordshire) 07764 960391 (m) Email: <a href="mailto:gavinwilliams@rfu.com">gavinwilliams@rfu.com</a>
Ian Thompson	<b>North West</b> (Lancashire, Cumbria & Cheshire) Tel: 07738 029110 (m) Email: <a href="mailto:ianthompson@rfu.com">ianthompson@rfu.com</a>
Tony Robinson	<b>London North</b> (Eastern Counties, Hertfordshire, Essex & Middlesex) Tel: 07894 783339 (m) Email: <a href="mailto:tonyrobinson@rfu.com">tonyrobinson@rfu.com</a>

Rugby Football Union  
Rugby Offices  
Rugby Road Twickenham  
TW1 1DZ



**Phone:**  
Judy Weavers  
0208 8316509



**E-Mail:**  
[judyweavers@rfu.com](mailto:judyweavers@rfu.com)



[www.rfu.com/coach](http://www.rfu.com/coach)